



Make Yourself A Money \$ Magnet

Using The Proven Power Of Visualization

7 Day Course

By Path To Abundance, Inc.

www.MyMoneyHealing.com

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Welcome to Your Money Magnetizing Course!

Congratulations and welcome to this 7 day course of powerful money visualizations!

I acknowledge your courage to take action toward having the life of your dreams and I believe you'll be happily inspired to follow this easy yet profoundly rich (pun intended) process of visualizing each day.

Using these tools to create energetic alignment with your future as well as reprogram the existing beliefs in your subconscious mind will catapult you toward your dream life. Not only is this process potent but it's a lot of fun! Think about it, you get to actually go to your new abundant life each day and feel happiness, joy and gratitude as you experience all the glorious details of your future!

The following idea, by Dr. Denis Waitley, has been proven true by thousands of people from all walks of life as well as NASA scientists, professional athletes and physicists alike!

***"When you visualize, then you materialize.
If you've been there in the mind you'll go there in the body."***

This course will provide you with 7 powerful days of practice so you can start designing your financial life exactly as you want it. And when this course is over you can continue to use these tools as often as you wish!

On the next page, we'll take a look at how to approach the visualization process so you are sure to get the maximum possible benefit from these 7 days of intensive practice.

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How To Visualize For Maximum Effectiveness:

In order for our visualizations to be impactful and align us with the huge, life changing results we desire, we must practice them a certain way to be sure we are engaging all the right tools and energy that will powerfully cause these changes. We will thoroughly cover how to approach visualizing for maximum potency and reprogramming of your subconscious mind and will take all the guess work out of the process by providing you with exactly what to focus on each day, making sure your visualizations are interesting, exciting and filled with positive emotion.

Clarity, details, repetition and emotion are all important factors that need to be present to ensure your visualizations are powerfully effective. You've got a great start on the repetition just by doing this course! The clarity and details are important because they help you define the aspects of your perfect financial life that actually create and engage your emotions. You want to feel as many happy and positive emotions as you can during your visualizations. Your emotions are the fuel that shifts your own personal energy to be in alignment with what you want to create. They also contribute to reprogramming your subconscious mind to believe *right now* that these things are possible for you, thereby releasing any unknown energetic blocks you may have.

Another great way to connect with your emotions during your visualizations is to engage your 5 senses while you are visualizing. What do you see, smell, hear, taste and feel while you are in this picture? Use all these tools to really *be in* the experience and boost your emotions sky high as you enjoy these delicious few minutes each day. Be sure to always visualize in the present tense and, of course, these visualizations need to be positive! Additionally, it's vitally important that you suspend any doubt during your visualizations and do not worry about "how" these things will happen. Just have fun with the process and remember the sky truly is your only limit!

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Finally, please make sure you are in the picture. I remember hearing about a woman who was visualizing her perfect car over and over again – the color, the year, make and model, etc. but she never put *herself* in the visualization. What ended up happening was that several people in her life (her neighbor, a friend, a coworker) all got that car! She got what she visualized but in a different way than she intended. So be sure you see yourself in the pictures.

Trust that this process is dissolving your doubts and reprogramming your subconscious mind to now believe that these goals ARE possible for you! As you begin today, be inspired by these great words of Viktor Frankl:

"Life can be pulled by goals just as surely as it can be pushed by drives."

Now Let's Get Started!

Each day during this course, spend 3-5 minutes visualizing the different aspects of your perfect financial life as outlined below. Focus on Day 1 today, then Day 2 tomorrow and so on. Be sure to visualize only once (or twice at most) each day. And remember, you want to keep these visualizations fresh, interesting, exciting and different so your mind doesn't get bored and wander off. If we spend more than 3-5 minutes or do them more than once or twice a day, our excitement tends to wane and our visualizations become less potent. Also, focusing on just one aspect of your perfect financial life each day allows you to immerse yourself in the details so your visualization isn't vague (we need clarity, right?) so you naturally feel all the exciting emotions that go along with having your perfect financial life.

Enjoy this fun and exciting process and trust that you're making huge strides in creating the financial life of your dreams. You're going there in your mind now so you can go there in your body next! WOO HOO!

Have A Truly Abundant Week!

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Day 1: Special Exercise to Align Your Energy With Money

Guess what!? As a special bonus, before we start the 7 days of intensive visualization, we are going to work with an energetic exercise that will allow you to immediately align your energy and have a more positive experience with money.

Countless paragraphs could be written about the subject of money and our emotional ties to it but we are going to be brief today. Money is nothing more than energy. Everything is energy. However, in our culture particularly, we have placed tremendous importance on money and have given it much more power over our lives than necessary or appropriate (since it is nothing more than energy, like a tree, for instance).

Our survival is tied directly to money and that's one big reason we have such an emotional (most often dysfunctional) relationship to money. Many people fear it (not having enough or fearing the powerful role it has in their lives). Others worship it to the exclusion of everything else, including their values. Some do both. No matter how we look at it, it's safe to say many people don't have freedom around money.

How do you feel about paying your bills? Do you dread it? Do you just hunker down and try to get through it as quickly as possible? Do you feel fear or lack as you "watch the money leave your hands?" Or is it a joyous experience for you? Conversely, have you ever donated money (no matter how little) to a cause you believe in? Do you remember how great you felt after you wrote that check or gave that money to them? It is possible to also have that feeling when paying bills. In fact, shifting your energy around paying bills to create that same feeling will help you to experience more freedom around money and begin the process of allowing the Universe to bring more of it into your life.

Today we are going to do an exercise that will give you a positive experience/feeling when paying your bills.

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Day 1 (continued)

Today's Action

When you pay a bill, take a moment to think about all the lives you are contributing to. You are directly helping that company exist. More importantly and to the point, you are helping the people who are employed there to have jobs and receive income to support their own lives and families. Do they have a roof over their head and indoor plumbing? Do they have heat and warm clothes in the winter? Do they have enough food to eat? Do their children possibly get to take soccer, baseball or ballet lessons? Does their family get to eat out at a restaurant occasionally because they are employed and can afford it?

You are also contributing to the trucking companies (all THEIR employees) who bring this company their raw materials or products. You are contributing to the lives of the various vendors this company uses to create or maintain their product or service. Does this company most likely have a janitorial or cleaning service? If it uses vehicles as part of its operation, does it have mechanics who service those vehicles? Does it have maintenance people who keep the building and equipment working properly? Remember, these are human beings – don't just think about the faceless companies. There are many, many lives you are helping with the goods and services you pay for.

So, for today, if you have any bills to pay – please get them now (even if it is only just one bill). If you don't have any to pay currently or are not where you can get access to them right now, it's OK. You can do this visualization exercise now and then (hopefully) do it again later when you do pay your bills.

Now close your eyes and imagine all the people whose lives are being positively impacted by the money you are using to pay this bill. Silently thank them all for their contribution to your life by doing their jobs and thus collectively providing that service or product. Then, as you write out your check (or click through the online bill paying process) send them a blessing along with the money you are sending. You could say something like, "I am sending all of you this money with my blessings for your most happy and abundant life" (or whatever blessing feels good to you). How did that experience feel? Did it provide you a different feeling and some freedom around paying your bills?

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Day 1 (continued)

Maybe you will consider doing this quick yet powerful ritual each time you pay your bills or use your money. Anything you can do to create love and freedom for yourself around money will contribute to your energetic shift about money and will benefit you greatly, including bringing more money to you!

Bonus Action: Throughout Your Day

Any time you spend money today (whether for a cup of coffee, lunch, a pack of gum, grocery shopping, whatever) silently repeat this exercise. Think of all the lives that are being positively impacted by the money you are giving this person/vendor, etc. and most importantly, give ALL of them a silent blessing along with the money. This is very, very powerful.

Tomorrow, we will begin our 7 days of visualization to continue powerfully shifting your relationship to money. Until then – have a GREAT day!

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Day 2: Your Abundant Access To Money.

Before beginning today's visualization exercise, perhaps you would like to re-read the *How to Visualize for Maximum Effectiveness* tips so you are sure to bring happiness, excitement, gratitude (and no limiting thoughts!) to your visualization experience. Remember, this is your future that you get to design exactly as you wish. The sky is your limit! So have fun with it. When you daydream, you don't think about "how" it's going to happen, you just enjoy the daydream. That is how to approach your visualizations. Let's begin:

Where do you keep your money? Do you have hundreds of thousands (or millions or billions!) of dollars in cash stuffed into a huge bank vault that you can access 24 hours a day? Remember this is your future life that we are talking about - after you have achieved all your cherished goals and dreams. You get to decide how much money you have at that time and where you keep it. Remember to design your visualization in the way you will most enjoy it. Do you keep stacks and stacks of gold bullion that you can have converted into cash for you at the drop of a hat? Perhaps you have a briefcase filled with the highest denomination bills available that you keep at your house and you also have some bank accounts (savings and/or checking) for the rest of your money. Of course you would have unlimited access to the money in your bank accounts for whatever you wish to purchase.

You get to decide and design your financial life exactly as you want it. Most likely you keep your money in a variety of places (bank accounts, stocks and retirement accounts, cash and other possible places). Any and all of these possibilities for where you keep your money are simply perfect! Tomorrow's visualization will focus on your investments and retirement money. For the purpose of today's visualization, let's just focus on the money you have instant, immediate access to. Your "liquid" funds, so to speak.

Now take 3-5 minutes to close your eyes and imagine yourself enjoying the experience of having total access to all your (liquid) money. Where are you and how are you accessing the information about your fortune? Are you at home looking online at your current bank balance with complete awe and amazement that you just earned a ton MORE interest while you were sleeping last night? Or did you just receive a new monthly statement via snail mail that you are opening and reading over a wonderful breakfast of all your favorite morning foods that was cooked by your very own personal chef?

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Day 2 (continued)

Perhaps you are on a yacht in the middle of the Mediterranean Sea enjoying your daily report of account balances that your personal assistant has prepared for you. Or maybe you are on horseback in the middle of nowhere when you surprisingly receive a text (who knew there was cell reception out here!) telling you of another increase in your current net worth. And by the way, how much money is in those accounts? Definitely enjoy THAT aspect of this visualization!

Whatever your idea is for where you want to be and how you want to approach this – decide how you want your visualization to look, decide who is in it with you (if anyone) and enjoy these wonderful few moments of happy giddiness over this crazy huge amount of (liquid) money you have right at your fingertips! Just remember to keep it in the present tense, make sure you are in the picture, be as clear as possible with all the little details you notice (remember to use your 5 senses) and engage as many positive emotions as you can during this visualization. Enjoy these few minutes of abundant wealth!

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Day 3: Your Plentiful Investment Portfolio.

Similarly to your wonderful visualization yesterday, today we will focus on your investment money. The money you have set up to pay you long term, constant (and abundant!) dividends and to keep your fortune growing as a never ending supply of money for your use and enjoyment. The possibilities are endless since you get to decide just how much and where your money is invested. Is your money invested in an extremely diverse set of stocks, bonds, options and futures? Have you invested some money in a brilliant startup company? Or maybe you have started your own dream business where you are putting your attention and money. Maybe you are doing all of the above and then some! Do you make the day to day decisions about exactly where to invest and in what ways? Or do you prefer to leave that to the experts and simply be given updates as often as you wish on your over the top amazing earnings?

Take 3-5 minutes to close your eyes and imagine yourself experiencing connecting with your financial investments in the ways that are most meaningful and enlivening for you. Are you moving money around from one account to another on your own as you review your choices online? Or are you simply calling your personal investor/financial advisor and telling them what you'd like them to do on your behalf? Are you investing some money in a new area based on a great (legal, of course) tip from a friend? Maybe you are simply doing a quick check of your accounts and you are, once again, blown away at how much they have grown since the last time you've checked them! Perhaps you are cashing out some of your dividends and having the money transferred to you checking or savings accounts to replenish any recent withdrawals you've made.

Enjoy these few minutes as you experience the happiness, joy, freedom and gratitude you feel from being so financially abundant! Remember, the sky (and your own imagination) are the only limits. This experience can be as over-the-top wonderful as you wish it to be. However you'd like to experience your incredible investments, do it in today's visualization and enjoy this time to its fullest!

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Day 4: Happily Spending Money.

Today you get to experience the wonderful luxury of spending some of your money. What kinds of things would you like to spend it on? How will you go about spending it? Will you browse some things you've been interested in and buy them online? Will you go out shopping; seeing, smelling, touching and tasting all the fantastic things you wish to consider? Will you go out to eat some wonderful delicacy you've been craving? What kinds of things would you like to buy for yourself and maybe others? You could buy tangible things, experiences, classes or training, hobbies, vacations. Maybe an experience like skydiving! Whoa! Maybe you will generously donate some money to people or organizations in need. Or maybe you will do one of my all time favorite things which is to leave money in various public places for strangers to find.

Whatever you choose is just perfect. You know yourself better than anyone! And that's the beauty of these visualizations – you get to experience exactly what you want, with no limits. There is nothing to stop you from having things happen precisely as you wish. What a wonderful way to spend your time (not to mention reprogram your subconscious beliefs AND place your order with the Universe). You are accomplishing so much by simply closing your eyes and enjoying these few wonderful moments!

Now take 3-5 minutes to close your eyes and imagine yourself spending your money. Where are you? Are you at the bank withdrawing a huge sum of cash for a purchase you have in mind? Maybe you are purposely asking the bank teller for a thousand dollars in \$20 bills so you can merrily hand them out one by one to each stranger you pass by. Or maybe you are simply using your bank card while you are out and about and deciding on the spot what you would enjoy purchasing. Whatever your personal idea of experiencing the joy of spending an unlimited amount of money today, do it! Because this money will just be replaced by more of it from your wise investments, won't it? How will your visualization begin? Where are you? What are you doing and is anyone with you? What are your surroundings? What would be the most emotionally fulfilling for you to focus on for today's visualization? Get creative and have fun with this! Whatever ways you wish to approach happily spending today are great! Enjoy this time to its fullest and feel how happy and excited you are as you imagine yourself enjoying the benefit of all your money! It's an incredible feeling, isn't it!?

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Day 5: Creating Money.

Today we are going to focus on creating more money. WOO HOO! Where does your money come from? Do you own your own company? Do you have several streams of income from various businesses? Did you win millions in the lottery? Did you inherit billions of dollars from a relative you didn't even know you had? Did you receive your money as a gift or did you create your wealth from the ground up? This is all about your future, isn't it? Your past experience with financial wealth (or struggle) doesn't need to have any bearing on what you are choosing to create for your future, unless you like how things went in the past and wish to create more of that, of course!

Take 3-5 minutes to close your eyes and imagine yourself creating or receiving more money. If you won the lottery, perhaps today is the day you get your next payout. If so, how much is it this time? If you created your own business from the ground up, maybe you just got word that you landed a huge multi-million dollar project or sale. Or if you inherited the money from somewhere/someone, maybe today is the day you are notified that your check is waiting for you to claim it. If you have invested in a cool new startup business, maybe today is the day you find out that it went IPO and your share is worth however many hundreds of thousands, millions or billions!

Whatever allows you to feel the wonderful feelings that go along with manifesting/creating more money is what we are going for. Be in the picture, pay attention to the details, engage as many deeply powerful and energy shifting emotions as you can while experiencing this moment of pure financial bliss. How incredibly fulfilling and how wonderfully fortunate you are to have so much money in your life!

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Day 6: Experiencing Money With Your Senses.

Today, let's do a sense-engaging visualization! Take a few moments to think about your own personal answers to these statements:

I love the sound of...I love the smell of... I love the sight of...I love the taste of... I love the feel of...

Now think about those answers in relation to how you can experience some enjoyment from your money today. What can your abundant money allow you the sound of? Smell of? Sight of? Taste of? Feel of? Whatever it is that you love experiencing (with your 5 senses), see how you can turn that into a powerful money-enjoying visualization. For example, do you love the smell of fresh, delicately scented flowers? You could imagine yourself picking out and buying bunches of flowers to decorate your home with and burying your nose in them as you take a deep long inhale to smell their intoxicating scent. Do you love the sight of the sunrise or sunset against the ocean? Maybe you will be seeing that very image from the deck of a yacht or cruise ship! Do you love being at a live game and seeing your favorite sports team WIN! Do you love the feel of buttery leather against your skin? Perhaps you are trying on the most delicate and soft Italian leather items...in Florence! Do you love taking in the glorious sound of your favorite symphony playing live right in front of you (from front row center seats, of course)! Bring any of these to mind with as much detail as you can and enjoy these fantastic moments of your money (and time) well spent! Use any or all of your five senses to experience the feeling of your wonderful, delicious, rich, meaningful life being lived to its fullest!

Take today's 3-5 minutes to close your eyes and imagine yourself enjoying all the wonderful things you'd like to experience with any or all of your senses. Where are you, what are you doing, who is with you (if anyone) and how many of your senses are engaged in these overwhelming feelings of pure sensory bliss? You could experience your favorite sense-engaging moments one at a time in succession (first something pertaining to sight, then sound, then touch, etc.) or you could combine enjoying as many of your senses as possible into the same experience in your visualization. Whatever you choose to experience is great! Enjoy these moments as they deepen your fulfilling experience of living.

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Day 7: Enjoying Your Money.

What else can you do to enjoy your money? Perhaps you've had several ideas from previous day's visualizations that you haven't been able to use in the short time we've been practicing. Maybe you can use one of those ideas. Or maybe you can think of an experience you enjoyed so much that you'd like to do it again or creatively expand upon it this time. Or think of something completely new.

Would you like to enjoy more tangible things or maybe experiences for yourself, your loved ones and/or even perfect strangers? How would you like to expand your enjoyment of your incredible financial abundance? Take some time to think about this so you are ready to immerse yourself in the most spectacular experience of money-spending delight during your visualization.

Now take 3-5 minutes to close your eyes and imagine this most perfect experience. You get to decide who is involved and what you are doing/enjoying. Make this a memorable experience and enjoy each meaningful moment of it. You are actively drawing these kinds of wonderful experiences into your life with each moment of this powerful visualization.

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Day 8: Generously Giving Money To Others.

Today we are going to generously give money (or experiences from the use of your money) to others. It will probably be very easy to figure out what kinds of things or experiences (or how much money) you want to give to others once you decide who you want to give to (family, friends, neighbors, strangers, people less fortunate in your community or in other cities/states/countries). Remember, these visualizations are from your future – when you have as much money as you desire. You have access to unlimited resources so you can be as generous as you want with whomever you want. It's a beautiful thing to know you can make such a meaningful difference by contributing so richly (literally and figuratively!) to the lives of others!

Certainly there are several inspiring choices for how, when and where you can generously give to or do for others. Would you like to buy anyone in your life a new home or car? Perhaps you will want to give someone a gift of cash, a shopping spree or luxurious pampering day at the spa. Wouldn't they be happy to receive that! Or how about sending some less fortunate children to the zoo for a full day complete with meals and ice cream before, during and after their visit. Maybe you will enjoy creating your own non-profit organization where you can do great things in our world by helping others. Or, perhaps you will choose donating to an already existing organization that speaks to your heart. Perhaps you would enjoy creating scholarships for children in less fortunate circumstances to receive educations.

Whatever inspires you to let your beautiful generosity create a ripple effect as far and wide as your imagination can take it; enjoy your time today doing it. The possibilities really are endless. All you need to do is decide where you want to enrich the lives of others so generously with the use of your money and then close your eyes, sit back and do it! Embrace the feelings of contentment and joy as you take 3-5 minutes to close your eyes and imagine yourself happily finding the perfect person/people who will be the recipient(s) of your lovely, passion-inspired generosity. See yourself giving whatever you are inspired to give – whatever you feel will support others in experiencing more abundance in their lives. Imagine the delight of the people who were in the right place at the right time to receive your wonderful kindness.

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Day 8 (continued)

And watch in amazement as the Universe orchestrates the wonderful serendipity of these experiences for all involved and the ripple effects as the recipients of your kindness share the story of their great fortune with their loved ones. Allow the feeling of gratitude to wash over you as you know deep in your heart how fortunate you are to be in this position of making a meaningful and lovely difference for others and our world.

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CONGRATULATIONS!

You did it! You've spent an entire week powerfully reprogramming your subconscious mind and sending a very specific message to the Universe about the wonderful financial life you are aligned with and committed to creating! Well done!

Thank you so very much for allowing me to support you on your fantastic journey. It is my honor and pleasure to contribute to your life in a way that I hope is meaningful for you. I offer you my deepest gratitude for allowing me to energetically connect with you. I also wish you a life of love, joy, passion and abundance! After all, it's your birthright!

The lessons presented in this course are excerpts from a much larger body of work. I am very pleased that you got to experience both my powerful visualization process and also what my typical daily lesson content is like with the first exercise you did in this course. If you feel inspired to continue moving toward your goals and dreams with my regular daily guidance, I would be honored to support you on your journey.

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Live the life of your dreams! It's not only possible ~ it's your birthright!